# For your information - FYI

## Energy saving tips that will help the environment and your wallet

Now that we are spending more time at home it is inevitable that our energy consumption will go up. Rather than be hit by an unexpected bill shock, try these energy saving tips to reduce your energy consumption knowing you are helping the environment at the same time.

#### **Temperature control**

- Adjust the thermostats on your heating/cooling (18-21°C in winter, 23-26°C in summer) and hot water system to 60°C.
- · Clean air filters on heaters and coolers to allow them to work more efficiently
- Open and close curtains to best use the sun's energy and to keep heat in or out.
- Install draft stoppers around doors and windows to prevent cold air from coming in.
- Close doors in your house and only heat or cool the spaces being used.

### Lighting and appliances

- Turn off lights when not in use
- Only boil the amount of water in a kettle that you plan to use
- Turn off electrical equipment (including laptops and monitors) at the power point rather than leaving on standby.
- Switch on your computers energy-saving mode on, which lowers power consumption during any moments that you stop using it.
- · Be sure to fill your dishwasher and washing machine before running
- Use a cold water cycle for your laundry loads and the lowest temperature on the dishwasher whenever you can
- · Hang your clothes outside to avoid using a clothes dryer
- A fridge works more efficiently when full. Add pantry items to take up space if you need to.

#### Find more energy saving tips here

https://www.sa.gov.au/topics/energy-and-environment/using-saving-energy/easy-energy-saving-tips







